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Tea & Tao Magazine



ZEN & TEA

This issue marks the realization of two long-standing goals: to send out and discuss a Five Element tea and to devote an entire issue to the relationship between Zen and Tea. This month's "Zen Blend" is one of the most unique teas we've ever sent! Wu De has spent years practicing in order to create this special blend, making this a very happy Lunar New Year.

*Love is
changing the world
bowl by bowl*

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