

Because of the large number of tea sessions happening around the world, we are going to post about them on our site from now on and use this section to discuss news happening around the world. If you have any news, like a wedding, birth or tea happening, let us know and we'll write about it here. Also, our new site, coming in the next few months, will connect you to tea sessions around the world in a much better way than this page ever could!

In Germany, there is a gathering for men on Tuesday, March 15<sup>th</sup> hosted by Christopher Tarnow at the Eichgrund-Institute for Gestalttherapy. They use tea, indigenous rituals, music and movement to explore how men experience and express love, loneliness, longing, desire, fear and anger; while building self-esteem, competence and compassion for themselves, others and their environment. For more information contact Christopher at (0)6078-759435 or tarnow@eichgrund.de.

🔽 Longtime student of Wu De's, Antonio, will be holding the final event in a tea education series on the 5<sup>th</sup> of March at Čaj Chai Teahouse in Barcelona. The topic will be an Introduction to Tea Preparation, since he already introduced the varieties of tea and types of teaware earlier this year. If you are interested in attending please contact Antonio at <u>cajchai@yahoo.es</u>.

😒 Please fill out our online survey about Global Tea Hut! Check your email or our social media for the link (it is also up on our site). This year, we're committed to making this the best tea magazine in the world, and we need your feedback to do that!

🐑 In Russia, there are plenty of events happening this month. Raneta, Minghui and Ivan will be travelling to the central Russian town of Samara for a number of Global Tea Hut gatherings. Raneta is also hosting a Tea and the Feminine event. If you are in Russia, or close by, do not miss this chance!

March Affirmation

*I celebrate the ordinary.* 

Drinking leaves in a bowl reminds me to adore the simple things in life. Am I passing over life waiting to get to the exciting moments? Do I treasure simplicity?

International Women's Day is a special occasion to recognize and celebrate all women in our lives. On Sunday, March 6<sup>th</sup>, Global Tea Hut members Jade Robinson, Julz Ashwood and Sahar Zadah are hosting a special tea ceremony and women's circle with proceeds going to the V-Day Foundation, Byron Bay, Australia. This event is already full, but we are happy to announce it so you can also raise a bowl with them!

😒 Our Old Man Dong Ding jars are over halfway gone and our Big Snow Mountain cakes are down to the last few. If you are planning on getting either of these teas, now is the time! They may not be around next month.

Center News

🦢 Before you visit, check out the Center's website (www.teasagehut.org) to read about the schedule, food, what you should bring, etc. We've had a big increase in our number of guests lately, so if possible, please contact us well in advance to arrange a visit.

\succ Congratulations to our dear brother Denis Mikhaylov, who took precepts last month. He has been given the Tea name of "Minghui, 冥慧." Ming (冥) means "deep" or "profound." It is used in the first part of "meditation" in the Chinese language as well: Mingxiang, 冥想. And Hui (慧) means "wisdom." Minghui is the Profound Wisdom that comes from connection to the deep stillness within us all. As he progresses on his journey, we take this moment to stop and raise our bowls to him!

The Center will be closed from April 24<sup>th</sup> to the end of May for the third annual Global Tea Hut Trip. Wu De plans to do less traveling this year, so he will be here teaching except for that time. Check the Hut's website for more details.