

# Inside the Hut

Because of the large number of tea sessions happening around the world, we are going to post about them on our site from now on and use this section to discuss news happening around the world. If you have any news, like a wedding, birth or tea happening, let us know and we'll write about it here. Also, our new site, coming in the next few months, will connect you to tea sessions around the world in a much better way than this page ever could!



We only have a few Light Meets Life Cakes left! We would love for the last few to sell so we can start buying this year's tea. Selling out also encourages us to find more and better teas for our fund raiser. Help us to meet our goals for 2015 before teas come in this May!



If you haven't yet, check out the "Discussion" section of our webpage. There is a place for you to leave reviews of every month's tea, as well as your experience with the gongfu tea tips!



We also have uploaded the blog to the site ([www.globalteahut.org/blog](http://www.globalteahut.org/blog)). We will publish the "Further Reading" there, as well as extra content, like a new series on the exercises in Tea Medicine.



There are a number of paintings and scrolls available on the website. If you are interested in having a piece of Wu De's artwork in your tea space you can now get one through the website. ([www.globalteahut.org/paintings](http://www.globalteahut.org/paintings))



Please make some comments under the new videos and let us know what you think of the multi-media Global Tea Hut. Does it facilitate better understanding of the topics? How can we improve them or the magazine. We want to hear from you!



Wu De will be facilitating a six-day retreat in the Spanish Pyrenees. It will be a Zen & Tea One Flavor retreat, focusing on the connection between meditation and tea. Participants will gather fresh spring water, meditate a few hours a day, learn chanting and have tea as well as Zen discourses all throughout. It will be a rare chance to deepen your practice and learn tea at the same time. And, if that wasn't enough, it is being held at a gorgeous venue in the mountains of rural Spain. This event will run from October the 8<sup>th</sup> to 14<sup>th</sup>. If you are interested in attending please check out the site: ([www.casacuadrau.org](http://www.casacuadrau.org))

Wu De will also be traveling in Germany and Czech Republic after the retreat, sharing tea and teaching Cha Dao.

## Center News



Before you visit, check out the Center's website ([www.teasagehut.org](http://www.teasagehut.org)) to read about the schedule, food, what you should bring, etc. We've had a big increase in our number of guests lately, so if possible, please contact us well in advance to arrange a visit.



Wu De plans to do less traveling this year, so he will be here teaching except for that time. We now have a calendar on the Tea Sage Hut web page where you can see availability to stay with us.



The Center will be closed from April 24<sup>th</sup> to the end of May for the third annual Global Tea Hut Trip.



We have a new farm here at the center! We have rented a couple of acres right next door. From now on, we will be taking guests out there on Fridays to serve. Hopefully, we will be growing tons of food for the center soon, and be able to support ourselves with loving veggies!

## April Affirmation

*I affirm the times when I am conscious.*

*We all forget to be fully aware, present onto life.  
Do I seize the times when I am conscious to start new  
habits of awakening and light?*