



TIEGUANYIN

Many of our guests ask us over and over again about the wonderful food here at the Tea Sage Hut. We are very excited to continue sharing tea and food with you in January for the second year. And we needed a very delicious tea to accompany an issue on food, so we chose a delectable tieguanyin to share.

*Love is
changing the world
bowl by bowl*

FEATURES

17 A TEA-INFUSED DIET

By Wu De

25 FERMENTATION AT THE HUT

By Connor Goss

29 FUEL ON THE PATH

By Shen Su

37 TEA SAGE HUT RECIPES

By the whole Tea Sage Hut team

*Hopefully, you can adapt our bowls to your diet at home, learning from our philosophy and cooking. Even otherwise, it is nice to know what we'll be serving at the Hut when you come for a course!



25



03



17



37

**SCRAMBLED
TOFU P. 43**

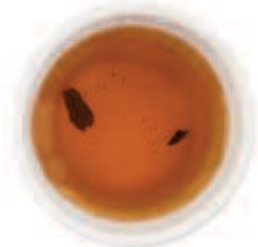
TRADITIONS

03 TEA OF THE MONTH

"Tieguanyin," 2017 Traditional Oolong
Mingjian, Nantou, Taiwan

57 TEA WAYFARER

Bo Wong, Australia



鐵觀音

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