

TEA WAYFARERS

From now on, we plan to introduce one of the Global Tea Hut members to you each month in these newsletters. We hope that this helps us all get to know each other better. It's also to pay homage to the many manifestations that all this wonderful spirit and tea are becoming, as the tea is drunk and becomes human. The energy of the tea fuels some great work in this world, and we are so honored to show you some glimpses of such beautiful people and their tea. Since Wu De went to LA last month, we thought we'd introduce you to one of your amazing sisters there, Suzanne Toro.

Suzanne Toro has expressed her gifts as a shamanic broadcaster, sound-intuitive healing channel, author, poet, food alchemist and “co-creator” in projects inspired to transform and rejuvenate humanity and Planet Earth.

Her love for trees and tea has opened an ancient part of her soul. Somewhere in the mountains jutting up from the valley and with a large body of water below, she seems to recall a time when she sat in a cave with a fire keeping her kettle of water warm for the next bowl of tea. She would sit at the mouth of the cave watching over the canopy of trees, as the sun would reflect the earth's beauty on the still water below. These memories of long periods of silence and unwritten prose fill her heart with each sip.

As she allows the past to drift with the morning mist, she has welcomed her ancient friend Tea into her healing practice and sanctuary where each visitor abides in a warm cup of tea before they drift off into their harmonic sound-bath conducted by their soul and orchestrated by her. Ahh the wisdom of tea....

Suzanne says about herself:

Who am I? In all truthfulness, I am 'Nothing'.

I have gathered endless words to describe my accomplishments and often what seemed like exaggerations to justify my own self-worth. When, I get to the core of my existence in this moment, I realize with great humility that “I” am “Nothing”. And with great joy I feel the freedom in those words and in embodying that truth. Within “Nothing” I have found the possibility for “Everything!”

**She can be found at
www.suzannetoro.com**

Bowl arrives
right by side
Side sits
leaves wait
wisdom lifts

water incubates
mist creates
the drift
fear dissolves
memories rise

Freedom pours
bowl arrives
right by side
leaves penetrate
wisdom shifts

