



QI CULTIVATION

We've devoted this issue to energy (Qi) and its relationship to Tea. We asked Wu De to gather some of his writings on Qi and Tea, combining them with articles written by other experts in our community. We hope that all these amazing insights will help guide your Tea journey, and facilitate a deeper appreciation of this magical Leaf we all adore!



LOVE IS CHANGING THE WORLD BOWL BY BOWL

FEATURES

- **9** THE THREE TREASURES
- 15 UNDERSTANDING CHA QI, PART I
- 23 CHA DAO & QIGONG
- 31 UNDERSTANDING CHA QI, PART II



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REGULARS

03 TEA OF THE MONTH

Summer 2014 Red Tea Sun Moon Lake, Taiwan

- 13 GONGFU TEA TIPS
- 21 TEA LEGENDS

 The Seven Bowls of Lu Tong
- **27 KOMBUCHA**A new regular series by Shane Marrs
- **37 TEA WAYFARER**Solala Towler, USA





