

# Inside the Hut

Because of the large number of tea sessions happening around the world, we are going to post about them on our site from now on and use this section to discuss news happening around the world. If you have any news, like a wedding, birth or tea happening, let us know and we'll write about it here. Also, our new site coming in the next few months will connect you to tea sessions around the world in a much better way than this page ever could!



We only have a few Light Meets Life Cakes left! The first of the 2016 cakes has already arrived. It is an amazing aged Dian Hong, which is why it got here early. We call it "Ambrosia." It should be up on the site for a small contribution soon!



There is a good chance Wu De will be doing some workshops in San Francisco, Los Angeles and Austin this summer, probably at the end of June. Keep an eye on our social media for details.



We also have uploaded our blog to the site ([www.globalteahut.org/blog](http://www.globalteahut.org/blog)). We will publish the "Further Reading" there, as well as extra content, like a new series on the exercises in Tea Medicine.



There are a number of paintings and scrolls available on the website. If you are interested in having a piece of Wu De's artwork in your tea space, you can now get one through the website ([www.globalteahut.org/paintings](http://www.globalteahut.org/paintings)).



Please make some comments under the new videos and let us know what you think of the multimedia Global Tea Hut. Does it facilitate better understanding of the topics? How can we improve them or the magazine? We want to hear from you!



Wu De will be facilitating a six-day retreat in the Spanish Pyrenees. It will be a Zen & Tea One Flavor retreat, focusing on the connection between meditation and tea. Participants will gather fresh spring water, meditate a few hours a day, learn chanting and have tea as well as Zen discourses throughout. It will be a rare chance to deepen your practice and learn tea at the same time. And, if that wasn't enough, it is being held at a gorgeous venue in the mountains of rural Spain. This event will run from October the 8<sup>th</sup> to 14<sup>th</sup>. If you are interested in attending please check out the site: ([www.casacuadrau.org](http://www.casacuadrau.org))

Wu De will also be traveling in Germany and the Czech Republic after the retreat, sharing tea and teaching Cha Dao.

## Center News



Before you visit, check out the Center's website ([www.teasagehut.org](http://www.teasagehut.org)) to read about the schedule, food, what you should bring, etc. We've had a big increase in our number of guests lately, so if possible, please contact us well in advance to arrange a visit.



We are looking for help with farming, photography, video and web design. If any of you have experience in these things and are interested in staying at the Center to learn Cha Dao, with free room and board, contact us!



The Center will be closed from April 24<sup>th</sup> to the end of May for the third annual Global Tea Hut Trip.



The new farm has been cleared and we are getting ready to plant our first crop. We will use organic seeds and also start our own compost system. We have already had the first official "Farming Friday." Help us pray for abundance, so that we can offer guests hand-grown nutrition.

## May Affirmation

*I am expansive, growing with spring.*

*Every day we make a decision to grow or stagnate, to rise up to a new form or stay the same. This growing season, I will work to become the next best me!*